

PRIMARY SCHOOL MENU

2026/2027

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 @Cardiffschmeals



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FIRST COURSE OPTION 1	Macaroni Cheese and Garlic Bread	Chicken Korma	Hotdog	Savoury Mince in a Yorkshire Pudding	Fish Fingers
FIRST COURSE OPTION 2	Ravioli in Tomato and Basil Sauce and Garlic Slice	Mexican Bean and Vegetables	Chickpea and Vegetable Tagline	Plant Based Sausage and Gravy	Vegetable Nuggets
FIRST COURSE OPTION 3	Jacket Potato Plain or w/ choice of tuna mayo, cheese, baked beans, beans and cheese, vegan cheese or vegan cheese and beans	Multi-Colour Topped Pasta w/ choice of vegan cheese, cheese, tuna, tomato, tomato and vegan cheese, tomato and cheese	Jacket Potato Plain or w/ choice of tuna mayo, cheese, baked beans, beans and cheese, vegan cheese or vegan cheese and beans	Multi-Colour Topped Pasta w/ choice of vegan cheese, cheese, tuna, tomato, tomato and vegan cheese, tomato and cheese	Jacket Potato Plain or w/ choice of tuna mayo, cheese, baked beans, beans and cheese, vegan cheese or vegan cheese and beans
CARBOHYDRATE	Pasta	Rice	Potato Wedges Cous-Cous	Mashed Potato	Chips New Potatoes
VEGETABLES	Broccoli Sweetcorn Salad	Carrots Cauliflower Salad	Baked Beans Peas Salad	Peas Carrots Salad	Peas Baked Beans Salad
SECOND COURSE	Cheese or Vegan Cheese, Crackers and Pineapple	Yoghurts or Plant Based Yoghurt and Melon	Mixed Fruit	Jelly with Peach Slices	Ice Cream Pot or Sorbet Pot and Peach Slices
FRESH FRUIT AVAILABLE EVERY DAY					

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FIRST COURSE OPTION 1	Cheese and Tomato Pizza	Baked Chicken Salsa	Bolognese and Garlic Bread	Pork and Leek Sausage and Gravy	Fish Fingers or Salmon Fish Fillet
FIRST COURSE OPTION 2	No Whey Cheese and Tomato Pizza	Vegetable and Chickpea Korma	Vegetable and Lentil Bolognese and Garlic Slice	Plant Based Savoury Mince	Naked Vegetable Burger
FIRST COURSE OPTION 3	Jacket Potato Plain or w/ choice of tuna mayo, cheese, baked beans, beans and cheese, vegan cheese or vegan cheese and beans	Multi-Colour Topped Pasta w/ choice of vegan cheese, cheese, tuna, tomato, tomato and vegan cheese, tomato and cheese	Jacket Potato Plain or w/ choice of tuna mayo, cheese, baked beans, beans and cheese, vegan cheese or vegan cheese and beans	Multi-Colour Topped Pasta w/ choice of vegan cheese, cheese, tuna, tomato, tomato and vegan cheese, tomato and cheese	Jacket Potato Plain or w/ choice of tuna mayo, cheese, baked beans, beans and cheese, vegan cheese or vegan cheese and beans
CARBOHYDRATE	Herby Diced Potato New Potatoes	Rice	Pasta	Mashed Potato	Chips New Potatoes
VEGETABLES	Peas Sweetcorn Salad	Carrots Broccoli Salad	Sweetcorn Broccoli Salad	Carrots Cauliflower Salad	Peas Baked Beans Salad
SECOND COURSE	Cheese or Vegan Cheese, Crackers and Pineapple	Yoghurts or Plant Based Yoghurt and Melon	Mixed Fruit	Shortbread and Mandarins	Ice Cream Pot or Sorbet Pot and Peach Slices
FRESH FRUIT AVAILABLE EVERY DAY					

Suitable for vegetarians

Suitable for plant-based diets or can be made for a plant-based diet

If your child has a specific dietary requirement, please email therapeuticdiets@cardiff.gov.uk to discuss your child's needs with a member of the team.

Multi faith (e.g. Halal) options are available in selected schools, please contact your child's school for more information.

