

Tuesday 23rd June : Progression day (Llanrumney hall)

Are you currently enrolled on a community college course or doing a family learning course?

Join us for progress week where you can take part in 1 hour workshops, learn to access college systems and discover your progression options within the college.



Neurotypical and autistic teenagers

Join Dr Sum Mistry to learn about the differences between the brain of a neurotypical and autistic teenagers.

Within this hour, Dr Sum will take you through the differences in the developmental changes, as well as the physical differences in the brain.



Introduction to AI

Unlock the mystery behind the tech.

Discover exactly what AI is, how it actually works and how to make your everyday life easier. No fancy tech talk, no computer skills needed – just simple, helpful ways to save you time and stress



Accessing your college systems

Join one of the team to get help accessing the college systems, gaining your student discount, and getting any other help/advice you may need.



Soap making

Get your creative juices flowing with our soap making session. You will design and create your own small soap bar, with its own colour and scent.



Brain changes and the menopause

Join DR Sum Mistry to talk about the changes the brain goes through when someone goes through the menopause.

Focusing on how the physical brain changes through our lives, teamed with hormonal changes. Dr Sum will be able to answer any questions you may have.



To register for courses,
either scan the QR code,
or click the link to fill
the form in.

CLICK HERE

