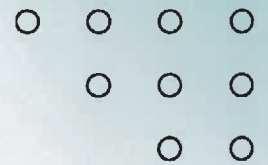


AUTISM SUPPORT TEAM

POST-DIAGNOSTIC PARENT WORKSHOPS



Session topic	Dates & Times
1. Introduction to Autism <i>and</i> Education in Cardiff	April 30 th at 4.45pm until 6.45pm
2. Communication	May 7 th at 4.45pm until 6.45pm
3. Understanding Behaviour- Part 1	May 14 th at 4.45pm until 6.45pm
4. Managing Sensory Processing Differences	May 21 st at 4.45pm until 6.45pm
5. Understanding Behaviour- Part 2	June 4 th at 4.45pm until 6.45pm
6. A Parent Perspective	June 11 th at 4.45pm until 6.45pm

*There will be opportunities to ask questions throughout the sessions.
Sessions are aimed at parents/carers of children and young people 5 years of age and older*

*All workshops are **FREE**
and will be held at*

*Howardian Primary
school
Hammond Way
Cardiff
CF 23 9NB*

Post-Diagnostic Parent Workshops
2026



*If you are
interested in
attending,
please scan
the QR code*

*Os hoffech chi gael y sesiynau yma yn y Gymraeg, cysylltwch gyda'r tîm os gwelwch yn dda.
If you would like these sessions through the medium of Welsh please contact the team.*

THE AUTISM SPECTRUM POST-DIAGNOSTIC PARENT WORKSHOPS



ARE YOU A PARENT OR CARER OF A CHILD OR YOUNG PERSON WHO HAS RECENTLY BEEN DIAGNOSED WITH AUTISM?

DO YOU LIVE IN CARDIFF AND WANT TO FIND OUT MORE ABOUT AUTISM?

CARDIFF'S AUTISM SUPPORT TEAM WOULD LIKE TO INVITE YOU TO ATTEND THEIR POST-DIAGNOSTIC PARENT WORKSHOPS



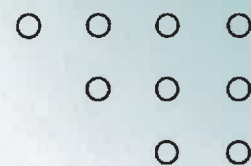
Post-Diagnostic Parent Workshops
2026



If you are interested, please scan the QR code

Please note that these workshops are aimed at children and young people aged 5 and over with a diagnosis of autism

AUTISM SUPPORT TEAM **POST-DIAGNOSTIC** **PARENT** **WORKSHOPS**



INTRODUCTION TO AUTISM AND EDUCATION IN CARDIFF

A brief overview of Autism Spectrum Disorder and how the ALN Code of Practice relates to pupils with a diagnosis of ASD in Cardiff.

COMMUNICATION

Understanding the impact of Autism on communication and interaction. This session aims to provide strategies to support communication and interaction in children and young people with Autism.

SENSORY DIFFERENCES

To gain an understanding of sensory processing, how it might affect ASD learners, and how you can help them.

UNDERSTANDING BEHAVIOUR

Understanding behaviour and what causes stress and/or anxiety for our ASD learners, and strategies to manage behaviours.

A PARENT PERSPECTIVE

This session aims to provide parents of newly diagnosed children with helpful information from a parent who has experience of supporting a child with an ASD diagnosis.

