

Course for parents/
guardians.

Cardiff and Vale College
Coleg Caerdydd a'r Fro



I AM ENOUGH WELLBEING COURSE

Teuluoedd yn Dysgu
Gyda'i Gilydd
Families Learning
Together



10 Week
course

Reception,
Year 1 and
2.

Agored
accredited

Come along to work with your child on this
fun course. We will be creating a game,
looking at friendships, resilience and much
more....

Starts on Monday 15th April 1.00 pm at School.
Meet in Reception.

Email; lphillips3@cavc.ac.uk