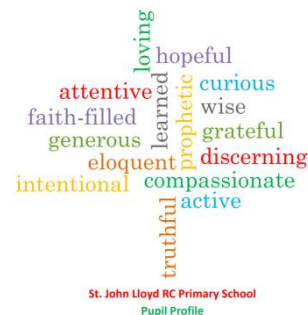


Ysgol Gynradd St John Lloyd RC Primary School

Brynbara Way, Trowbridge, Cardiff CF3 1SX
Tel 029 20777690 E-Mail: stjohnlloydprn@cardiff.gov.uk
Headteacher. Mrs C Hart B.Ed. (Hons) N.P.Q.H.



Wellbeing Policy

The school enhances pupil self-esteem and personal development through:

- The school curriculum for children's right and come see RE scheme of work.
- Information, advice and guidance on health and development
- Opportunities for pupil leadership through school council, Eco council, Head Boy and Head Girl, peer mentors
- An emphasis on praise and reward for effort
- Star points, class rewards, dojo, stickers, and positive comments and praise

Opportunities for reflection and spiritual development through art, literature, RE and Meditation/ Daily Examin.

The school enhances staff motivation, learning and professional development through:

- Curricular planning time within the school week
- Whole school training events
- Pupil progress meetings held during the school day
- Access to appropriate external training and visits to specialists
- Involving all staff in decision making and proposed change
- Consultation in training and support needs through regular review
- Induction training and information for new staff
- Provide additional support at times of particular stress, change and/or difficulty
- Have a responsive and listening culture, reacting quickly to problems
- Maintain contact with staff when they are absent
- Provide opportunities for staff to socialise for all staff to relax and socialise together
- Opportunities to discuss with the Headteacher any issues of worry/concern

The Headteacher will:

- Ensure the provision of a healthy working environment
- Take responsibility for his/her work life balance and be aware if the role model they are setting for others
- In collaboration with senior leaders, set positive role models
 - Provide pastoral/welfare support for individual staff as required
- Ensure that all staff are treated in a fair, sensitive and confidential manner • When issues arise, discuss options appropriate to the circumstances

The Governors and Head teacher are committed to reviewing the impact of the Emotional Health and Wellbeing policy as part of the SIP.

This policy should be used in conjunction with other policies, including, but not restricted to: • Safeguarding and Child Protection • Behaviour and Discipline • Staff handbook • Anti Bullying • Health and Safety • Healthy Eating